



A renewed and altruistic sense of purpose:

“The mood was consistently relaxing throughout the Mopane` Leaders' Experience Retreat that we were attending. On Earth Day, we reconnected with the natural world by spending time outdoors, breathing in the crisp air, and admiring the lush vegetation.

The fire session was a significant event for me because it had the potential to bring about a change in the way my life would unfold. In addition to this, it helped me heal both mentally and physically by instilling a sense of community.

The ritual of washing one's feet was eerily similar to the experience of being reborn. It instilled in me a rekindled and selfless sense of purpose in life. A second chance to bring harmony to my physical being, my mental state, and my spiritual being all at the same time. Affirmation served as a gentle nudge to always remember to appreciate who I am and to be myself. I am grateful for how this helped me. It was out of this world, especially the food.

The group that was organizing the event was very engaged with us, and they provided us with a lot of information that was both interesting and useful. I will keep you in my prayers and ask that the heavens open up and pour out their most abundant blessings upon you.”

*- Participant Mopane` Leaders' Experience
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