

FREED

The wonderful journey started with blessings from the Almighty with a shower of rain while I and my colleagues waited for the boat to a destination across the waters that would be a turning point in my life.

It is so easy to just live in this life with a lot of self-blame, resentfulness hate, unhappiness and insecurities owing to what you experience in life. Circumstances keep you bondage in your own body and you become a prisoner in your own body.

A woman who wishes good for another woman, a mother to all loving, and selfless recommended me to the experience retreat and ensured that I attend. Mrs Ikanza (Linda Alinda), I will forever be grateful for the hand of support you extended to me.

You have been freed, yes Hilda! with this experience at the Mopané Female Leaders' experience retreat. I was freed from a prison in my own body. Warmth, self-love, gratitude, and more ambition were awoken and let loose just like a prisoner saved from the big walls of a guarded prison. I was blessed to be introduced and taught by the lovely women Ms. Hope (Chigudu), Ms. Jackie (Asiimwe), Ms. Penelope (Sanyu), and all support that came from Ms. Allen (Allen) and Ms. Grace.

The healing that was brought about by the beautiful spaces that they created with love and beauty. I am as lucky as I could be to have lived that experience. While at the retreat, I was privileged to meet the most amazing women from all walks of life with whom we shared beautiful moments that included lots of knowledge sharing, laughter, and sad moments. I will forever be grateful.!

The light spirit left with from the retreat, I will continue to carry because now I know I am worth all the love, gentleness, and beauty. As a leader I am aware now that I need to be grounded and aware of myself while working on all the chakras.

Am so grateful CivSource Africa, thank you for your big heart.



Oyella Hilda

Advocate - Amber Solicitors and Advocates