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## My Mopane' Experience!!!

I was given a “gift of life” when I attended this leadership retreat. The Mopané Leaders’ Experience Retreat was something I didn’t really expect. I have attended several leadership trainings, but none prepared me for this personal reflection. I was able to concentrate on me as a person and find my grounding points, I was given room to appreciate the person I am and the person I aspire to be. The experience enabled me to re-commit to the kind of person I want and need to be.

I am grateful for the experience, love, beauty, and the sharing of ourselves without any inhibitions. The Mopané Leaders’ Experience Retreat needs to be lived, but not just told.

The connections formed and the positive force in that place is something every woman needs to experience. The people, color, love, happiness, feeling heard, food, the learning, laughter, the giving of the leaders themselves were all done in such a spectacular way! What an incredible time we had in such a great place surrounded by water and beauty!

Thank you CivSource Africa team for teaching me new ways of deep love and gratitude! As a leader the experience has enabled me to reflect on how to develop my institution, but more so how to give of my authentic self without drain.